

# The Vision

The Primary Weekly Communication Instrument of  
The United Baptist Church of Northern Virginia

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*The United Baptist Church Vision is "to develop an intentional relationship with God, as in Jesus, so that our lives demonstrate the transforming effect and supreme importance of such a relationship for us, our society, and our world."*

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## AN INVITATION TO "LUNCH N' LIFE

Sponsored by the Shepherd's Center of  
Annandale Springfield

The Shepherd's Center of Annandale/Springfield  
is sponsoring it's next **Lunch N' Life** on  
**Thursday, August 20** from 11:30 AM – 1:30 PM

Sleepy Hollow United Methodist Church  
3435 Sleepy Hollow RD  
Falls Church, VA, 22044

The program, "LIFE'S FINAL CHOICES –  
PUT YOURSELF IN CONTROL", will be  
presented by The Memorial Society of Northern  
Virginia. The Memorial Society of Northern  
Virginia is a volunteer non profit organization  
established in 1955 to provide education and  
resources to the community around issues of  
planning for death with dignity, simplicity, and  
economy.

The cost for the meal is \$9.00 per person (\$8.00  
for members). Registration needs to be made by  
calling the office and then sending your check in  
advance payable to "SCAS" and mailed to  
SCAS at 7610 Newcastle Drive, Annandale, VA  
22003.

## QUARTERLY BUSINESS MEETING ACTIONS

- \* Elected Debbie Caffrey and Ray Evans to  
three-year terms on the Nominating Committee
- \* Heard Dr. Yawn report that we have donated  
children's books from our church library to  
children in Turkmenistan, Asia. The books were  
delivered by members of the Ohn Nu Ri Baptist  
Church (our resident Korean church) during a  
recent mission visit there.
- \* Heard a report by Herb Hicks chair of the  
Renovation Committee on the work with an  
architect, focusing mostly on the sanctuary.

### UBC WEEK TO PROVIDE ACCA MEDICAL TRANSPORTATION

Next week is UBC's week to provide  
transportation for ACCA clients. We need help  
in getting needy to medical appointments. If  
you would be able to help with this significant  
ministry to our community, please make your  
willingness and availability known by  
contacting Gerry Sue Young at 703-241-0560  
or the church office at 703-256-5900.

I promised to say more here last week following the theme of last week's column. Last week's theme was the ancient human question, "Where is God?" Is God found just in designated holy places, such as high mountains because of "high" feelings associated with such places. Or, as Jesus taught, God is where people practice **compassion, hospitality and forgiveness** (yielding in Jesus' words, "life abundant"), perhaps after being re-programmed to sense God where these are seen and heard and felt, because they have attended designated temples of God? Last week I illustrated this by referencing a discussion on spirits of alcohol "high" during a neighborhood meeting. Now, "more," as promised.

I found I needed one of those much advertized analogue converter boxes for a television. I walked into a Best Buy store and asked the door attendant where to look. He pointed to a stack right in front of me. I hadn't paid attention to the government announcement about getting a free \$40 discount card. I asked him the easiest way to secure a card. "You have to call the phone number." He didn't have the number. Just then, a couple who had evidently walked in just behind me pulled out an envelope with such a card and the phone number. She looked Asian. He looked Hispanic. (I mention this just because for me it makes what I am about to tell you have even more God's temple impact.) He injected himself into the conversation saying: "Here is the phone number." I wrote it down. They walked on. I lingered, "just looking." As I was exiting, I became aware of someone calling to me: "Sir, I think I gave you the fax number rather than the correct phone number." It was the couple pursuing me. I thanked them and we all went about our business. As I walked out, I was aware of feeling the "high" that comes to anyone who takes the time to become aware of the experience of compassion and hospitality. Practically the couple saved me time on the phone by going out-of-their-way. They could have just gone about their own business. After all, I was not one of either of their "kind."

Jesus taught that the temple of God is the whole world and God is found in people-temples where life is lived "as in Jesus." (Hey, just as our *Vision Statement* puts it!) As I walked out of the temple of Best Buy, my continued journey to overcome prejudice made a giant leap forward. And, I realized, I had found the "best buy" (while not spending a dime) probably because I had spent many times in a church (temple) where I was taught in theory to see people as people and not as races. At that moment, I was experiencing what I knew in theory. Seeing people through their race is just part of my unchristian cultural "left-over" way of dealing with my culturally taught sense of inadequacy, of degrading people of different races in order to elevate me. I left Best Buy more human—I mean more whole, with life "more abundant," as in Jesus. I found God! Actually, more humbly, God found me! The struggle goes on!

## CALENDAR OF EVENTS

Sunday Bible Study – 9:30 a.m. - 10:45 a.m.

Worship Service – 10:55 a.m.

### July

- 22 8:45 a.m. Sandwich Ministry
- 10:30 a.m. Instrumentalists's Rehearsal (Sanctuary)
- 6:15 p.m. Youth Missions
- 7:30 p.m. Choir Rehearsal
- 25 6:00 a.m. Youth Leave for Paint Ball
- 26 8:30 p.m. Prayer Group (Conference Room)
- 12:30 p.m. Quarterly Membership Meeting
- 27 11:00 a.m. Staff Meeting
- 29 8:45 a.m. Sandwich Ministry
- 10:30 a.m. Instrumentalists's Rehearsal (Sanctuary)
- 6:15 p.m. Youth Missions
- 7:30 p.m. Choir Rehearsal

## NEEDED

The Building and Grounds Committee needs to borrow a metal detecting device like the devices beach comers use to find loose metal objects buried in sand. They are trying to detect the buried metal pipes used by the county to mark property lines on the church property. Should you have one of these devices or know someone who has one and would be willing to loan it for a few minutes, contact the church office. Thank you.

## RAMONA DAVIS RESIGNS

July 25 marks Ramona Davis' third anniversary as our church secretary. This week she has submitted her resignation effective August 21, which will be her final day in the office. She will be moving to Wisconsin the end of August.

Ramona has touched many lives in these three years and many of you will want to take advantage of these next weeks to express your appreciation to her. If you know of anyone who might be interested in this position, please have them contact one of the Pastors for more information or to make an application. More details will follow in the next couple of weeks.

## Youth News...Twyla Turner

There will be **Youth Missions** on Wednesday, July 22. We will be working on what each youth will be doing to help with VBS in August. We will meet again next week on **TUESDAY**, July 28th to continue to work on Youth Leadership Roles at VBS for this year.

Thank you to all of the youth who were present for **Sunday School** this week. We were able to cover this week's materials. Sunday we will complete the **Amazing Bible Race** quizzes through week 9. Please try to complete some material at home this week and bring it to Sunday School on Sunday morning so that you can contribute to the group effort. Please bring your runner's log and Bible so that you will have the information you need for the quizzes. We will look for a date to reschedule our lock-in to complete the fast forwards of the first leg of the race. Please bring your schedule so that we can figure out a good date and put it on our calendars.

We will have a **swim party** after church this Sunday for all students who are interested. Cost will be \$5.00 for lunch and for the pool. We will go after the youth host the Ice Cream Fellowship after worship this Sunday.

Our July **paintball** will be on this Saturday, July 25<sup>th</sup>. It's the **"Independence Day Big Game"** at Skyline so advance reservations are required. This game is a special game and costs a bit more than a regular day of paintball. Multiple people have already signed up, so if you want to go, contact Twyla immediately to have all of the correct information and forms. You will need to bring your lunch for this game as there will be no time to leave the field and go out for food.

Our next **beach trip** will be on Thursday August, 13th. We will go to **Ocean City** Maryland again this time. The cost of the trip is \$20.00. We will depart from the church at 6 am and will return approximately 11 p.m. Please make a reservation for this trip with a deposit of 1/2 of the trip cost (\$10.00) ASAP.

Our August **Children's Faith and Fun Day** is scheduled for August 23<sup>rd</sup>. Put it on your calendar now!! Invite a friend to join you!

There are still opportunities to earn **Disciple Dollars** or **need service hours for school**. Please contact Twyla if you are interested.

**Vacation Bible School** is coming this summer. If you have **any** interest in helping or attending, and have not yet spoken with Twyla, please do so immediately. Youth will begin their work for VBS on Wednesday night, July 22. Meeting dates for **all** workers will take place in August.

## Health Corner . . . Gerry Sue Young, RN

If you've been following the news H1N1, better known as Swine Flu, has been declared a pandemic because of the number of countries the virus exists in. The CDC along with the WHO are working on a vaccine for the fall, in the meantime there are several things you can do to prevent coming down with the flu. One of the most important steps is good hygiene. Hand washing! I can't emphasize enough how important this is. Wash hands frequently. Know and use the proper hand washing technique. Always start with warm water, use soap and lather. Sing the birthday song while you're scrubbing, this is the required 20 seconds long. Be sure to scrub palms, fingers, and nails. Rinse and dry well. Other ways to protect yourself include covering your coughs and sneezes. Discard all tissues after one use. Stay at home when you're sick.

To become proactive, we are setting up **hand washing stations** at three locations in the church. They include the front and side entrances to the sanctuary and an entrance to the fellowship hall. Each location will have disinfecting wipes along with a waste can to dispose of the wipes. Use them as often as you feel necessary. Practice good hygiene and stay healthy.

## FREE FOOD DISTRIBUTION

The Annandale Neighborhood Center and the Food for Others (who distribute our sandwiches for the homeless) have partnered with some of the local Annandale Faith-Based communities to provide food for the Annandale community! This is not connected with ACCA. This organization is located behind the Annandale High School and provides other community based programs other than food distribution.

WHEN: Thursday Evenings

WHERE: Annandale Neighborhood Center

TIME: 6:00 p.m.

**First Come, First Serve!**

"Number Lottery" technique will be used to keep order

Call 703-642-7400 for more information about the program and how you can volunteer.