

The Vision

The Primary Weekly Communication Instrument of
The United Baptist Church of Northern Virginia

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The United Baptist Church Vision is "to develop an intentional relationship with God, as in Jesus, so that our lives demonstrate the transforming effect and supreme importance of such a relationship for us, our society, and our world."

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Summertime, and the Living Is Easy ...

but Kingdom work must go on.

**And there are many opportunities to do that – both through
United Baptist Church and the broader Christian community.
Some of those opportunities are listed here.**

UBC Sandwich Ministry

Every Wednesday morning at 8:45 a.m.
Kingdom work of feeding the hungry

Vacation Bible School

In August, workers still needed
Contact Twyla if you can help
Kingdom work of making disciples

Interfaith Communities for Dialogue COMMUNITY PICNIC

August 9, 12 noon - 3 p.m.
Mason District Park
Kingdom work of building community and
breaking down barriers

Candlelight Labyrinth Walk

Sunday, July 5 at 8:00 p.m.

Lord of Life Lutheran Church
5114 Twinbrook Road, Fairfax VA 22032

You are invited to make time for peace in
your life by the "Ambassadors for Peace."
Walking the labyrinth provides a sacred
space for you to destress and relax, reflect,
listen to your inner voice, and connect with
nature. The labyrinth is magical when lit
by candles under the light of the full moon.

For additional information:

Email Gail at gpaine@earthlink.net
Or call at 202-841-7490

PONDERINGS ... Gerald L. Young

Most of you are aware that my father suffers with Alzheimers. My mother has not only been his wife for sixty-eight years but also his primary care-giver during these last years of struggle with this disease. Until her death, they managed to live together in a small duplex. With her death, her care-giving role has had to be taken up by others. My sister and her husband and daughter, who live in the same town they do, have borne more than their share of the load. But they are not able to do that permanently. So after the funeral, we had to find a nursing home for my father. But during the days leading up to the funeral and the weekend immediately following the funeral, we wanted to keep Dad with us and part of the family gathering. That took care of the daytime, but at night one of us had to spend the night with him at the duplex. I spent the night with him Saturday night, into Sunday morning. It truly is a special time, and he is so appreciative of whoever he finds there when he gets up in the morning.

Sunday morning, we sat talking. Which, as many of you know well, means that he would ask the same questions over and over again because he couldn't remember having asked them or having heard the answer. In this time of extra stress for him, he kept asking where Mother was. As soon as we would tell him that she had "gone," he would remember that she had died. He was also having trouble remembering who people were and how family were connected. This is not new, but for the first time I experienced him not remembering who I was. He kept getting me confused with one of his brothers. He also would confuse my sister with our Mother. I'm sure that much of this is familiar to many of you who have and do face similar circumstances with loved ones.

At one point during the conversation, he asked me if I was related to Mary. I said she was my sister, and added that she was his daughter. He found that hard to believe, probably because at that moment he had Mary confused with Mother again. So to try to help him out, I said, "I'm Jerry. Mary is my sister. She is also your daughter, and I am your son." This last part totally confused him. With obvious skepticism in his voice, he replied, "You are my son? (Pause) My full-blooded son?" That one, while I've told it for a laugh, also had a sting to it. My father was finding it hard to accept me as his son. I know it was because of the disease, but you don't really want to have your father question whether or not you are his. Since that conversation, I've wondered how many times my Heavenly Father has examined my attitudes and behaviors and thought, *Are you sure you are my child? My full-blooded child?* I don't want to hear that either. And I couldn't blame that on disease. Only on myself.

CALENDAR OF EVENTS

Sunday Bible Study – 9:30 a.m. - 10:45 a.m.

Worship Service – 10:55 a.m.

July

- 1 8:45 a.m. Sandwich Ministry
- 10:30 a.m. Instrumentalists's Rehearsal (Sanctuary)
- 6:15 p.m. Youth Missions
- 7:30 p.m. Choir Rehearsal
- 3 CHURCH OFFICE CLOSED
- 4 Independence Day
- 5 8:30 p.m. Prayer Group (Conference Room)
- 11:00 a.m. Worship Service with Communion
- 12:15 p.m. July Birthdays Fellowship
- 8 8:45 a.m. Sandwich Ministry
- 10:30 a.m. Instrumentalists's Rehearsal (Sanctuary)
- 6:15 p.m. Youth Missions
- 7:30 p.m. Choir Rehearsal

BUS TRIP TO THE WASHINGTON NATIONAL CATHEDRAL

**Sponsored by the Shepherd's Center of
Annandale-Springfield**

- WHEN: Tuesday, July 28, board bus at 10:00 a.m.
- WHERE: Meet at Annandale United Methodist
- WHAT: Tour of Washington National Cathedral
- COST: \$20, paid in advance
Includes bus and tour of Cathedral
- DEADLINE: July 17
- MAIL: To SCAS, 7610 Newcastle Dr.,
Annandale, VA. 22003 Include your
name and phone number
- INFORMATION: Call 730-941-1419 or email
Shepherscas@vacoxmail.com

STAFF VACATIONS

Dr. Yawn will be on vacation beginning July 1 through July 12, returning to the office on Monday, July 13.

Ramona Davis will be on vacation the remainder of this week, returning to the office on Monday, July 6.

Youth News...Twyla Turner

There will be **Youth Missions** on July 1. We will begin work on our special focus **Mission Project** on Wednesday. We will meet at the usual time of 6:15 p.m. to find out more about our location and to plan the activities that we will do with the young homeless children we will be ministering to during the summer.

This week, in **Sunday School** class, we will complete the Amazing Bible Race quizzes through week 6. Please try to complete some material at home this week and bring it to Sunday School on Sunday morning so that you can contribute to the group effort. Please bring your runner's log and Bible so that you will have the information you need for the quizzes. Everyone will be updated with any quizzes that they have not yet turned in and we will look for a date to reschedule our lock-in since swim and work schedules made it impossible to meet this week. Please bring your schedule so that we can figure out a good date and put it on our calendars.

The July 1-2 lock-in will be rescheduled because of swim and work schedule conflicts. This **lock-in** is for members of the **Amazing Bible Race Team**. We will be completing the team challenges of leg 1 in order to get credit for them for our team. If you are on the team please plan to attend this lock-in. Everyone is needed for maximum points.

Don't forget we will be going to **Kings Dominion** for **KINGSFEST** this year. We will go on Thursday, July 9th, the day that RELIANT K will be performing. Make plans now to attend. Several factors will affect your cost which will range between \$40 to \$70 (includes park and concert admission, transportation and 2 meals). We will leave the church at 8 am and will return to the church approximately 12 midnight. Contact Twyla by email (ttbeachliver@gmail.com) for your specific price. Reservations and a deposit are required by Thursday, July 2. Friends are welcome to attend.

Children's Faith and Fun Day for the month of July will be on July 12th. Put it on your calendar now!! Weather permitting we will have a swim event. Invite a friend to join you!

Our next **beach trip** will be on Thursday, July 16th. We will go to **Ocean City** Maryland this time. The cost of the trip is \$20.00. We will depart from the church at 6 am and will return approximately 10 p.m. Please make a reservation for this trip with a deposit of 1/2 of the trip cost (\$10.00) by July 12th.

July **paintball** will be on Saturday, July 25th. It is a "Big Game" at Skyline so advance reservations are required. Details next week.

There are still opportunities to earn **Disciple Dollars or need service hours for school**. Please contact Twyla if you are interested.

Vacation Bible School is coming this summer. If you have **any** interest in helping or attending, and have not yet spoken with Twyla, please do so immediately. Meeting dates for planning and preparation will be announced next week. Feedback from potential attendees and workers show that mid to late August will be a better time for our VBS this year, so we will be working toward that.

New Addresses:

Correct your UBC Directory to reflect the following changes for members of the UBC faith family.

Greetings!

Here is my new address as of June 29:

4353 Marshwood Dr., Myrtle Beach, SC 29579.

My cell phone remains 540-840-4597.

I'll let you know my land line number ASAP. If you visit Myrtle Beach, be sure to look me up! Please keep me in your prayers during my move, transition and setup of my new home.

*Love and miss you all,
Mildred Schneider.*

NEW ADDRESS (as of July 1)

Charles and Mary Katharine Griffith

136 Rosamond Dr.

Fayetteville, NC 28311

Phone: 910-229 3013

(near daughter and son-in-law Gail and Ed Moore)

Thank you from the Youngs

In the almost twenty years we have been on this journey together, we've shared many special moments. On two occasions (the death of our grandson in 1991, and now the death of my Mother) we have depended upon you for strength and support. Again you have been there for us.

I've often seen you in action when others have dealt with death in their families, but this time it was me and my family. We want you to know how much you have meant to us during these days. The flowers that flew across 1,100 miles and appeared at the funeral home to remind us that you were there even though we could not see you. The cards and calls and notes and words spoken to us directly have all been sources of great comfort. We thank you for each of them, but cherish even more the relationships established over the years and still strengthening through moments like this.

My special thanks to Wayne and Sandy Godwin and the Personnel Committee for encouraging me take the time I needed.